ELK POINT PUBLIC LIBRARY

The Elk Point REVIEW
a division of Team Graphics Inc.
Volume 16, No. [illegible] Tuesday, October 1, 1996

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R9708

Chamber of Commerce meets 12:00 noon tomorrow at the Empress

Mini boom filling up industrial park

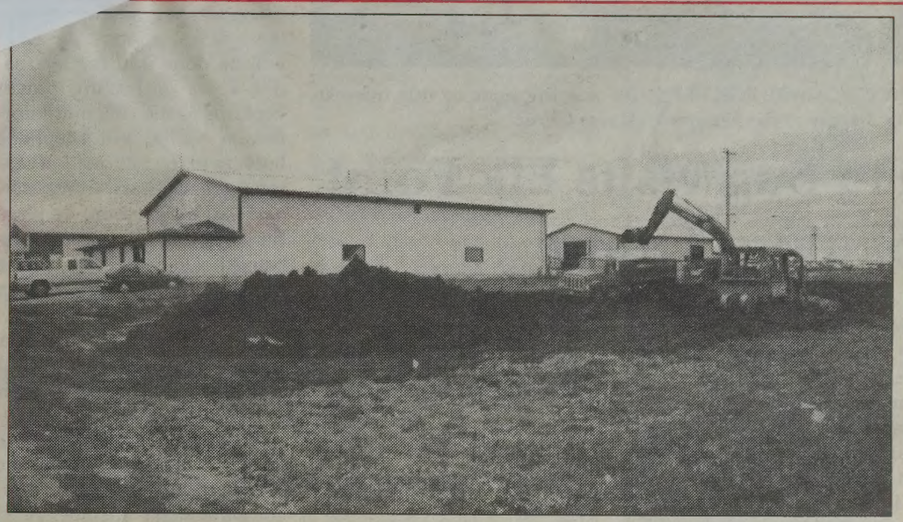
A mini-land boom is filling up Elk Point's Industrial Park.

A special meeting of Town Council last Wednesday saw four lots sold to two purchasers who want to expand their thriving oilfield-related businesses. Two lots went to Tarsands Inc., who have already started construction on an additional building adjacent to their current facility. The other two lots were sold to E-Can Oilfield Services.

The sale leaves the Town with one small serviced industrial lot at the corner of 49 Avenue and 47 Street, and two large, 4-acre-plus industrial lots to the north and east of the Town Shop. Any further need for industrial lots would require additional road development and installation of services to the east of the current industrial area, where more land is zoned for that purpose.

Lots along the service road south of Pan Canadian Petroleum are also for sale by the Town, but are zoned Highway Commercial.

A development permit has also been issued for another new building to be constructed in the industrial park, as the community sees the effect of increased activity in the oil patch.



CONSTRUCTION UNDERWAY IN INDUSTRIAL PARK -- The increasing activity in the oil patch has resulted in growth to Elk Point's Industrial Park. Construction was already underway on Friday at Tarsands Inc., who purchased two lots adjacent to their original facility for an additional building for storage of equipment.

Physician to check out Elk Point

Elk Point's Physician Recruitment Committee is happy to announce that Dr. Sandy Coe will be spending three weeks in the community later this fall "to see if this is the place she wants to set up a practice," Committee chairperson Ed Buck said Friday.

Dr. Coe, who will be here from November 4 to 24, is a 1988 graduate of the University of Alberta. She and her husband are presently looking for a suitable community where they can settle down and raise a family.

The three week visit will acquaint the doctor with the community and allow her to decide if she can sustain a viable practice here, as well as to gain insight into the community and what it has to offer.

School board crafting transportation policy

The St. Paul Education Regional Division has decided how it will approach requests for transportation across attendance boundaries next year: according to a "common sense policy."

"Basically, we decided to look at all special requests for cross-boundary transportation at one time prior to the school year," transportation committee chair Ray Danyluk said after the board's special meeting to deal with transportation issues on Sept. 19.

"There will be some flexibility. Present boundaries will be maintained, and in cases where adhering to them strictly doesn't make common sense, we'll make exceptions. But there will be a deadline, and we'll only make those decisions once."

This year, the board has been inundated with requests for special exceptions, most of which have been rejected.

(Continued on Page 5)

Heinsburg hall just keeps growing

Heinsburg Community Hall is about to experience another growth spurt.

MLA Paul Langevin was in the community on Saturday to present the Heinsburg Community Club with a $16,900 Community Facility Enhancement Program grant which will be used to construct a 16 foot by 32 foot addition on the east end of the hall.

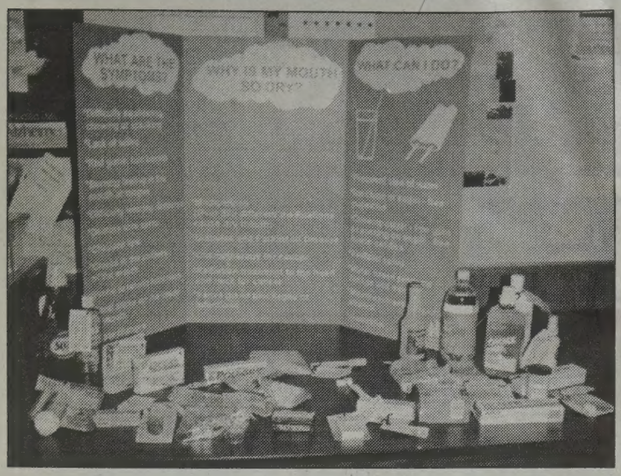
CFEP GRANT PRESENTED — MLA Paul Langevin was in Heinsburg on September 28 to present a sizeable cheque from the Community Facility Enhancement Program to Heinsburg Community Club for hall expansion. From left to right are Susan and Gary Fairbairn, Henry Botting, Alvin Meger, MLA Langevin and Vernon "Babe" Sharkey.

This is the seventh addition to the original hall, and will house a large stage where travelling groups, jamboree participants and dance bands can perform.

Heinsburg is new to the amateur country music jamboree circuit, but has drawn excellent crowds to date and is planning their next event for Saturday, October 26.

Heinsburg boasts one of the most active community associations in the area, despite its small membership, and enjoys a variety of events at the hall year round. This addition will increase the hall's capacity and make it an even better gathering place for the people of Heinsburg and surrounding districts.

The Community Club is continuing their search for funding for the restoration of the Heinsburg Water Tower, which is the only one of its kind on the original site in Alberta, and the train station. These developments, along with the train caboose acquired on permanent loan from Elk Point Historical Society, would enhance tourism in the area.



DENTAL CARE FOR SENIORS was the topic of this interesting display at the Seniors Wellness Clinic.

Flu bug visits Elk Point Seniors' Centre

A flu bug visited Elk Point seniorsrecently, but not a single ill effect was noticed. The black and yellow striped, springy-antennaed creature was the guest of honor at the Seniors' Recreation Centre for their monthly Seniors' Wellness Clinic on Wednesday, September 18 and offered some valuable advice on the flu shots which will be available later in the fall.

Also on hand for the well attended event was a dental professional, who brought along a display and information on oral care and hygiene. The afternoon also featured blood pressure checks and foot care sessions.

The next in the ongoing series of clinics is planned for Wednesday, October 16.

TIC operating costs concern Chamber

With over three months to go in 1996, operating and staffing costs for the Tourist Information Centre have totalled $3369.75 since the beginning of the year, the Elk Point Chamber of Commerce was told at their September 18 meeting.

Utilities account for $700 of the cost, but also include the line charge for power at the downtown skating rink the Chamber has maintained for the past few winters. Research will be done into the alternative costs of leaving power hookups to the rink and information centre, and telephone hookup to the information centre (with call-forwarding service in the off season) in place throughout the year, versus being hooked up only for the time the rink and centre are in use.

The Chamber will also hear a comparison of this year's and last year's operating costs at their next meeting.

Twelve new businesses have been welcomed by the Chamber so far this year with complimentary memberships, however the total membership figure sits at 42, two down from last year.

Three of the businesses on last year's list are members under new names and ownership, three have left Elk Point and two have ceased operation. The other seven will be sent reminders that their 1996 membership fees have not been received to date.

Next meeting is Wednesday, October 2.

NOTICE

Lac La Biche - St. Paul
Progressive Conservative Association

NOMINATION MEETING

Sat., Nov. 2, 1996 - Vilna Ag. Society Hall - Vilna
2:00 p.m. until finished. This will be a Rally Vote, so please come out and support your candidate.

NOTICE

Lac La Biche - St. Paul
Progressive Conservative Association

FOUNDING MEETING

Wednesday, October 9, 1996 - 7:00 p.m.
Lions Den - 5133-55 Ave., St. Paul

CALL FOR NOMINATIONS - Anyone interested in seeking the nomination to represent the Lac La Biche - St. Paul Progressive Conservative Association in the next Provincial Election is asked to contact Paul at 645-1820 evenings or 645-4417 days. Nomination papers along with nomination rules will be issued to candidates who meet the requirements and submit the required fees. Nomination forms must be completed and returned by October 16, 1996.

LIQUIDATOR FOR BANKS • RECEIVERS • INSURANCE COMPANIES • AND OTHERS

IT'S GOTTA GO!

Our year end inventory is coming soon, so we've slashed our already low prices on 100's of selected items to clear them out because...

WE'D RATHER SELL IT THAN COUNT IT!

• FOOD • FURNITURE
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399.99

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Brand name.
10 x 35 g. packages.
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2 litre jar.
COMPARE 5.49 ..... 3.99

MINI RICE CAKES
Brand name.
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100% cotton.
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29.99

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5.99 - 8.99

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THURS. FRI. 10 - 9
SATURDAY 10 - 6
SUNDAY 12 - 5
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From the FCSS desk...

Who is caring for our children?

By Deanna Easthope
FCSS Director

With Moms in the work force, the question is asked: "Who is caring for our children and what is the cost?"

Over the years, times, situations and circumstances have changed for many families. During the 1960s and 1970s, most Moms were at home looking after responsibilities of home and family. There were a few Moms at work outside the home with their income being supplementary to the family income. Also at that time, prices of items purchased were close to the actual cost of the item.

Today, in the 1990s, the times are different. There are many Moms in the work force outside of the home, either on a full time basis or a part-time basis, mainly because their income is needed in the family budget. Thus, what has happened is that sometimes, Moms need to work outside the home. With these changes that have affected the family, our children and their care have become an added cost to the family budget.

As parents, we are responsible for the care of our young children, and if we are unable to care for our children during certain hours of the day, we are responsible for our child care choices of who will care for our young children. After that, the caregivers we have chosen will then become responsible for care given to our children while they are in their care.

To help support families, the Alberta Social Services, in one of their areas of "Services for People," have founded the Elk Point Family Day Home Project which is known as "Elk Point Child Care Services." In this project, all homes which have become approved Family Day Homes, have met and are monitored on a monthly basis to ensure that they meet specific policies and standards as outlined in the Provincial Family Day Home Program Manual.

Quality child care is important for each child. And in our small town of Elk Point, we do have approved Family Day Homes who are offering quality child care. If you are interested in finding out more about how to become an approved Family Day Home Provider, or if you have children that need care in one of our homes, feel free to call Deanna Easthope at 724-3800 or 724-3933.

Community Calendar

Wondering what's happening in Elk Point and district in the coming weeks? Here is a brief rundown of some of the events scheduled.

Sunday, October 13 -- Elk Point Baptist Church 15th Anniversary, Service 10 a.m., Thanksgiving dinner to follow

Monday, October 14 -- Thanksgiving Day

Sunday, October 20 -- Elk Point United Church 70th Anniversary, Service 10 a.m., potluck to follow.

Tuesday, October 22 -- Heinsburg School Awards, 7 p.m., Perogy Supper, 6 p.m.

Tuesday, November 5 -- United Church Fall Supper

If you would like to add your event to the listing, which is published when space permits, please call the Review at 724-4087 before 5 p.m. Wednesday.

Head start for Heinsburg students going into its third year

By Samantha Fayant
Heinsburg Student Journalist

Recently, I spoke to Mrs. Sandra Bishop, a teacher at Heinsburg School, about the Headstart program for Elementary students.

Q) When did the Headstart program begin?

A) "Two years ago, in September 1994."

Q) Why was there a need to start it?

A) "We read studies that showed that students who don't have breakfast have trouble concentrating, are less cooperative, and have trouble understanding. And, we know that most of the students have long bus rides, and we feared that the students weren't having a nutritious breakfast at home. Also, as educators, we wanted to give students every

(Continued on Page 8)

FGM School Council to meet

The F. G. Miller Junior - Senior High School's School Council has set Wednesday, October 9 for their monthly meeting. The group will meet at the school at 7:00 p.m.

Parents, please mark your calendars and plan to attend.

ELK POINT CURLING CLUB

General Meeting

ANNUAL MEETING & ANNUAL REGISTRATION

Wednesday, October 2, 1996

7:30 p.m. Curling Club Lounge

All interested curlers, please attend.
(Individuals or team registration accepted.)

For more information or to register call:

Leonard 724-4364

In order for the EPCC to operate this 96/97 season, we must have support from new and old curlers at this meeting. See you there!!!

The Town of
ELK POINT
Notices & Information

DEVELOPMENT PERMITS

Permit #	Location	Civic	Developer	Development	Decision
96-13	Lot 1 & 2 Block 27 Pln 802-2677	5105 - 47 St.	Tarsands	Industrial Bldg. Storage of Equipment	Sept. 26/96
96-14	Lot 11 Block 27 Pln 802-2677	5313 - 47 St.	Terry Wozniak	Industrial Bldg. Office & Vehicle Storage	Sept. 26/96

Any person claiming to be affected by the decision made by the Development Officer / Municipal Planning Commission may appeal by writing a NOTICE OF APPEAL to the Secretary of the Development Appeal Board, Box 448, Elk Point, Alberta within 14 days from the first publication of this notice giving reasons for the appeal. Such appeal shall be accompanied by a certified cheque or money order in the amount of thirty-five ($35.00) dollars.
Dated this1st day of October, A.D., 1996.

J. Curt Svendsen Sr.
Development Officer

RE/MAX
Lakeland Realty
St. Paul - 645-5533
Elk Point - 724-3781
Broker/Owner - Glenn Harms

"Superb Home"
Why pay rent when you can own this 4-level split home in Elk Point. This home features 2 bedrooms up, one bedroom on the third level and two full bathrooms. This home includes fridge, stove, dishwasher and 8'x8' shed. **$79,000.00.**

"Uptown Country Living"
Located just off of Highway 28, halfway between St. Paul and Elk Point, this 1800 sq. ft. split level home is on 26.94 acres plus a 90-year lease on an additional 6.34 acres. Complete with 2400 sq. ft. shop and a 1200 sq. ft. 2nd home / office. Excellent well, gravel reserve on location and many extras included in price. You can't let this one pass you by! **$165,000.00.**

"Cheaper Than You Can Build"
Industrial shop located in Elk Point's industrial section. This multi bay shop with an excellent revenue flow is a fantastic opportunity for any investor or for the businessman. This shop is 1728 sq. ft. on 110'x200' lot. **$68,000.00.**

"Finally - Enough Room"
3 bedroom, 1300 sq. ft. home is located in St. Paul. This home includes a large lot, big yard, excellent lawn, 2 car garage, 2 full baths, fridge, stove and all window coverings. **$74,900.00.**

"Like an Acreage in Town"
1133 sq. ft. bungalow located in St. Paul. Beautiful big yard and a finished basement including a rentable kitchenette unit. Perfect for the young family or for the couple who want a quiet surrounding area. **$84,900.00.**

"Family Living at its Best"
This 953 sq. ft. 2 bedroom home is located close to schools, playgrounds and is completely fenced which makes this an ideal family home in Elk Point. Well kept home with many improvements. **$39,900.00.**

"Why Rent?"
725 sq. ft. 2 bedroom home with detached single garage in Elk Point. Nicely finished and located in a quiet area of town. Priced to move! **$37,000.00.**

View Points

Autumn is harvest time

We're just over a week into autumn, and have already had our first taste of winter. Hopefully, blue skies and warmer temperatures will be back with us in a day or two so we can enjoy all that autumn has to offer.

The cold weather has sent most of us to harvest our garden produce, and just in time. Anything growing above ground is not likely to have survived the bitterly cold night that followed hard on the heels of Sunday's snowfall.

Our storerooms and spare rooms are spread with tomatoes, zucchini and pumpkins galore, onions and garlic are adding their tang to the air in our cold rooms, and the canning kettle is a ways from retirement yet. Some lucky souls have their carrots and potatoes in the cellar already, some have that task yet to do.

To complete the garden harvest gives a great sense of accomplishment, and anticipation of many good meals in the coming months.

To complete the grain harvest would give much more than a sense of accomplishment. It would bring relief from a great deal of stress, brought on by the weather-caused delays. It would bring financial relief to cash-strapped farms, and ensure that there would be feed grain available for the livestock operation. This is not the first time harvest has been delayed in this fashion, but every wet or cold day adds to the difficulty of making a living from the land.

When the farm community does, at last, get into the field, things will be hectic, and the temptation to harvest long hours with as few stops as possible, will be strong. Please take time to be careful, however. An accident could delay you even longer than the weather. Get sufficient rest, make sure machinery guards are in place and the appropriate maintainance done, and take frequent breaks. Carry fire extinguishers and flashlights in the trucks and combine in case of emergencies.

With care and caution, you will get the job done faster in the long run, and will be around to enjoy the hard-earned fruits of your labor.

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A LONG WAY FROM HOME -- The Elk Point Community Choir in concert at the ancient cathedral of Notre Dame de Vierzon, in Vierzon, France.

Elk Point Community Choir's Tour of '96

By Shirley Osinchuk
Elk Point Community Choir

(Continued from last week)

Wednesday, August 7: After a stop at Chambord, the largest chateau in France, we continued on.

The evening concert was in the town of Vierzon, about 1 1/2 hours back along the road we drove yesterday In France we usually had to walk through streets too narrow for the bus to our destination, this time Notre Dame de Vierzon. The keyboard provided gave Deanna trouble, but we rehearsed then went to buy supper and look around.

That evening we really appreciated our nine "groupies," our faithful sisters, husbands and wives who came with us and patiently listened and recorded all those rehearsals and concerts. They were joined by the man who unlocked the church to be our entire audience for that concert. Another adventure in a long list!!! What fun we had, taking turns walking to the back of the church to hear the choir. Our guide Frank was very apologetic — the person he had asked to put up the posters had not done it. But we each have one now as part of our souvenirs.

Our thanks to Deanna Easthope, who accompanied

(Continued on Page 8)

Nutrition notes

Tripping out on (folic) acid

By Dieticians / Nutritionists
of the Lakeland Regional Health Authority

Sounds like an illegal substance, doesn't it?

With the amount of media coverage it's received lately, it very well could be. Recent news reports tell us that the USA is planning to fortify enriched breads, flours and other grain products with folic acid effective January, 1998. The Canadian Pediatric Society and other influential groups are pressuring Health Canada to follow suit.

What's all the fuss about? Folic acid, also called folate or folacin, is a member of the B vitamin family. It is required for many body functions such as the growth of body tissue and formation of red and white blood cells, Recent scientific reports show that folic acid helps to prevent birth defects called neural tube defects (NTDs). NTDs are caused when the brain and spinal cord fail to develop properly. Two of the most common NTDs are spina bifida and anencephalus. Approximately 400 babies are born in Canada each year with a neural tube defect.

Should you be concerned? If you are a woman who: has the potential to become pregnant; is trying to get pregnant; is pregnant; it is especially important to meet your requirement for folic acid.

How do you do that? Start by choosing foods according to Canada's Food Guide to Healthy Eating. Eat more foods rich in folic acid, for example, green and raw vegetables, fruits, legumes (cooked dry beans, peas and lentils) and nuts.

Ensure that you get what you paid for. Folic acid is lost during storage, preparation and cooking, so:

- serve vegetables and fruits raw
- if cooking vegetables, steam, microwave, boil or simmer in as little water as possible, and cook only until tender-crisp
- store fresh vegetables in the refrigerator
- ripen fruit in a loosely closed paper bag at room temperature, then refrigerate
- when stir-frying, use the highest heat so vegetables start cooking at once

In addition, if you are planning a pregnancy, or as soon as you suspect you are pregnant, you should take a folic acid supplement daily. Consult your physician to discuss your folic acid needs. For more information, contact a Registered Dietician / Community Nutritionist at your local Health Centre or Health Unit.

Divided Alberta Pool offers new services

Something new has been added at Elk Point's Alberta Wheat Pool AgroCentre. The facility now boasts both a grain manager and an agro manager.

The division became official the second week of September, according to agro manager Trent Schultz. The two parts of the operation will "still work hand in hand," Schultz said. "It's more specialized but grain and agro want to work together to make sure the producer gets all the needed information to produce the best possible crop."

Schultz, who spent the past four years with the Vermilion AWP in their agro division, has a degree in agriculture and a farm background. He was a chemical company representative prior to his Vermilion post, and has seen a lot of changes during his years in agribusiness. "So many things are changing, for example direct seeding and minimum tillage. A lot of new technology is coming out and I'll be able to help out producers with this information, and help them get the best yield from their crops."

Schultz plans to host producer meetings during the winter, and is looking forward to "getting out and meeting everyone first off."

A full line of crop products, including ultrabred seed, forage seed, chemicals and fertilizers, coupled with services such as soil testing and field scouting, is available through the agro centre. Fertilizer spreaders and Valmar units for pre-emergent chemicals are available for rent.

A wealth of information is also available through AWP 's computer program, Westco AgroManager, which has 28 years of fertilizer data in it, "anything and everything you wanted to know about fertilizer," Schultz said. "Producers are welcome to come in and look, and we can print off a hard copy for you to take home."

Information includes topics such as placement of seed and nitrogen, the effect of fertilizer placement and seed germination, and the benefits of fall fertilization.

NEW AT AWP -- Agro manager Trent Schultz joins grain manager Greg Hickle and office manager Doreen Younghans to give area farmers the best service possible. However, they can't supply good harvest weather, and only 10 to 15% of harvest is in.

School transportation policy

(Continued from Front Page)

People who want to send their children to schools outside their attendance area — to Elk Point, for instance, rather than Myrnam — are obligated to bring students to the nearest bus stop within the transportation zone.

Even then, the regional division must approve the pickups, which are subject to seat availability on buses and room at the school.

When the board rejects requests, transportation director Don Zarowny notes, it can be unpopular with parents. But for a division of its size, St. Paul is "relatively free" from upheaval.

"I think most parents are happy with our system. There are some small snags and disagreements, but considering that we're bussing in the neighborhood of 2,300 kids, things are going quite well overall."

Still, the transportation issue has been a hot one for most rural divisions since Alberta Education decided to allow parents to send their children to the school of their choice. Per-student funding follows pupils wherever they go, meaning out-of-district parents no longer have to pay steep tuition fees.

However, the province didn't make provisions to cover the cost of transporting those students. If parents choose to send their children to a distant school, the bussing costs are their own responsibility — and can be a major headache, unless they can work out an agreement with the local school division.

These negotiations are sometimes difficult, and occasionally costly.

"It's very hard for us to manage a transportation system when we have requests coming in throughout the year, and the only funding approved is when the routes are first established," Danyluk said.

"That's why we've decided to look at all requests and concerns before the school year starts. And any (special exceptions) made will be reviewed annually, to ensure that they still make common sense according to the situation."

HEINSBURG COMMUNITY SCHOOL

Invites Applications For An

INSTRUCTIONAL ASSISTANT

FOR A SPECIAL NEEDS STUDENT

An **INSTRUCTIONAL ASSISTANT** for a **SPECIAL NEEDS STUDENT** is required immediately at the Heinsburg Community School.

Applicants must have training and/or experience in working with special needs children.

For additional information, contact Lorne Young, Principal.

Forward resumes by October 04, 1996 to:

Mr. Lorne Young, Principal, Heinsburg Community School
Heinsburg, AB., T0A 1X0
Telephone 403-943-3913; Fax 403-943-3773

Only those applicants shortlisted will be contacted in writing.

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You will reside near the picturesque community of Elk Point, a town of 1,400 people, located amongst lakes and trees, 250 km East of Edmonton. Elk Point is a vibrant community that offers a quality life style.

If you would like to work in a challenging team environment where individuals have authority, responsibility and accountability, we would like to hear from you. In return for your commitment, we offer a competitive salary as well as an incentive program. Please forward your resume to: **Norcen Energy Resources Ltd., Attention: Human Resources, Box 2595, Station M, Calgary, AB T2P 4V4. Fax: (403) 231-0144.**

Only those candidates under consideration will be contacted. We sincerely thank all applicants for their interest.

We are an equal opportunity employer.

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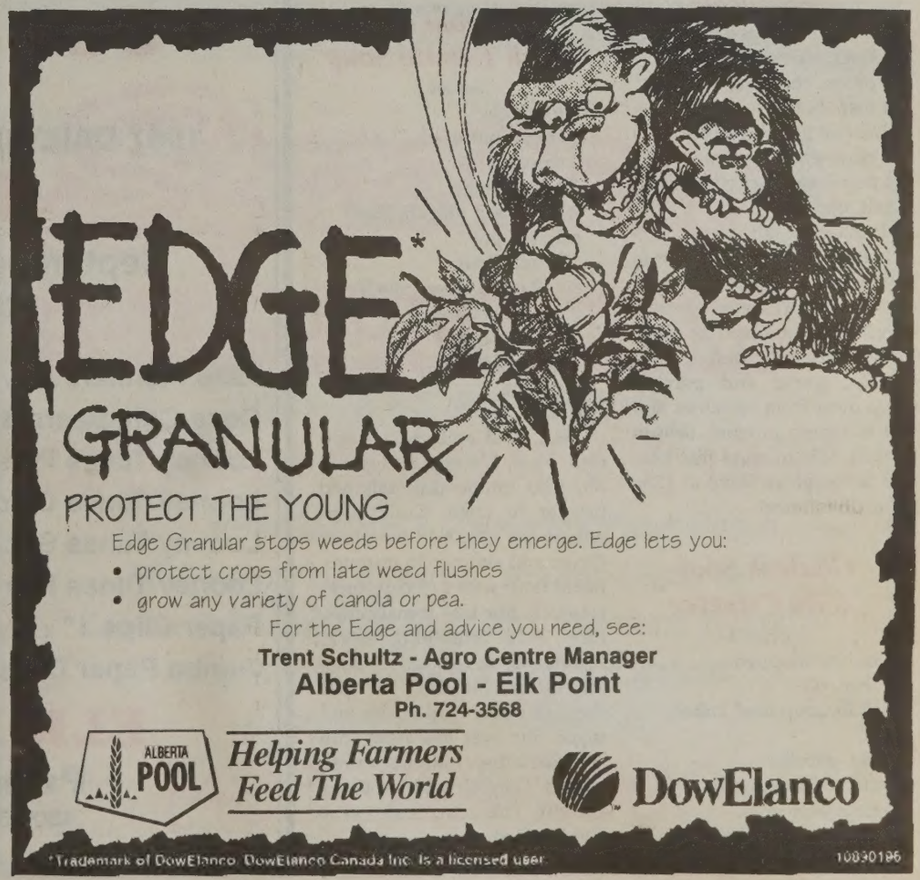
ENERGY RESOURCES LIMITED



Edge Granular stops weeds before they emerge. Edge lets you:

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- grow any variety of canola or pea.

For the Edge and advice you need, see:

Trent Schultz - Agro Centre Manager
Alberta Pool - Elk Point
Ph. 724-3568

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Attack of the 'killer' tomatoes -- be prepared!

By Sherry Pelech
Review Contributor

Tomatoes, despite their annoying habit of all ripening at once and taking over your kitchen / basement / life, probably have more uses than any other vegetable (or fruit — botanists consider tomatoes a fruit, but then they don't normally have to cook them, so what do they know?).

They are loaded with vitamins A and C (tomatoes, not botanists) and are native to Central America. When they finally made their way to Europe, they were used for decoration. Tomatoes were called "Love Apples" by the Europeans for possibly two reasons. One superstition said that they were an aphrodisiac and "stimulated love." Another theory held that they were poisonous and were used by scorned lovers as a toxic way to end their suffering. (Tomatoes do belong to the nightshade family - Solanaceae.)

But whatever your feelings about tomatoes, I'll bet you are just as tired of tomato sandwiches as I am. There are many other things you can do with the little critters: soups — both hot and cold, casseroles, breakfast dishes, side dishes, muffins or relish.

Why not try...

Tomatoes Provencale

Serves 6

6 large, ripe tomatoes
1 onion, chopped
4 tbsp. butter
2/3 cup bread crumbs
1 clove garlic, minced
1 tbsp finely chopped parsley
salt, pepper
dash celery salt

Wash tomatoes and cut in half. Scoop out meat from center and discard seeds. Arrange tomatoes in a casserole dish. Brown onion in butter. Add crumbs, garlic and parsley. Chop meat from tomatoes and add to crumb mixture. Season to taste. Pile mixture into centers of tomatoes. Bake at 375o about 30 minutes.

Goulash Soup with Csipetke

Serves 4

1 onion, chopped
3 tbsp. oil
1/2 lb. soup beef, cubed
salt
1 tsp. paprika
pinch caraway seeds
4 cups beef stock
1 clove garlic, whole
1/2 green pepper, julienne
2 tomatoes, peeled, diced
2 potatoes, peeled, diced
csipetke
parsley

Saute onion in oil five minutes. Add meat and brown on all sides. Sprinkle with salt and paprika. Crush caraway seeds between two spoons and add to soup. Stir in stock, garlic, green pepper and tomatoes. Simmer, covered, one hour. Add potatoes. Adjust seasoning. Simmer 25 minutes. Remove soup from heat. Discard garlic and skim fat. Stir in csipetke and bring soup back to simmer. Serve garnished with parsley.

Csipetke (Pinched Noodles)

1 cup flour
1/2 tsp. salt
1 egg
1 tbsp. oil

Mix flour and salt. Add egg and oil, stir to make stiff dough, sprinkling with a few drops of cold water if necessary. Knead until smooth. Rest dough 45 minutes. Flatten dough a bit at a time between floured palms. Pinch off pieces slightly smaller than a dime. Drop into boiling, salted water and cook until tender (about 5 minutes). Drain and rinse. Stir into soup

Cream of Fresh Tomato Soup

Serves 6

8 tomatoes
1/4 cup butter
2 tbsp. oil
1 onion, sliced
2 tbsp fresh dill, chopped
salt, pepper
1/4 cup flour
3 1/2 cup chicken stock
1 cup heavy cream
1/2 tsp. sugar
2 tbsp. butter
croutons
dill

Peel, seed and chop tomatoes. Heat 1/4 cup butter and oil. Add onion, dill, salt and pepper to taste. Cook until onions are soft. Add tomatoes. Cover and simmer 15 minutes. Blend flour with 1/2 cup chicken stock. Stir into tomato mixture. Add remaining stock, simmer 5 minutes, stirring. Puree in blender or put through sieve. Add cream and sugar. Stir over low heat until hot. add 2 tbsp. butter, stir until melted. Garnish with croutons and dill. This soup is also very good chilled.

Iced Tomato Soup

Serves 6

1 onion, chopped
6 tomatoes, chopped
salt, pepper
1/4 cup water
2 tbsp tomato paste
2 tbsp. flour
2 cups chicken broth
1 cup heavy cream
chives

Cook onion, tomatoes, salt and pepper to taste, in water for 5 minutes. Mix tomato paste and flour. Add to tomatoes. Stir in chicken broth, simmer 10 minutes. Put through a fine sieve. Chill 2 to 3 hours. Add cream just before serving, garnish with chives.

Frosty Curry Tomato Soup

Serves 4

6 tomatoes, peeled, seeded
2 tbsp onion, grated
1 green onion, diced
salt, fresh ground pepper
1/2 cup mayonnaise
1 tsp. curry powder

Chop tomatoes and put in a glass bowl. Mix in grated onion and diced green onion. Add salt and pepper to taste. Chill 3 to 4 hours. Mix mayonnaise with curry powder. To serve, garnish each serving with a spoonful of curry mayonnaise.

Blender Ketchup

Makes 5 pints

8 lbs ripe tomatoes
2 sweet red peppers
2 sweet green peppers
4 large onions
3 cups vinegar
3 cups sugar
3 tbsp. pickling salt
3 tsp. dry mustard
1/2 tsp. red pepper
1/2 tsp. whole allspice
1 1/2 tsp whole cloves
1 stick cinnamon, broken

Quarter tomatoes, remove stem ends. Seed peppers, cut in strips. Peel and quarter onions. Mix vegetables and put in blender container, filling 3/4 full, blend at high speed 10 seconds, pour into kettle and repeat until all vegetables are blended.

Add vinegar, sugar, salt, dry mustard, red pepper, and other spices tied in a cloth bag. Simmer uncovered in 350° oven until volume is reduced one half. Remove spices.

Pour into hot, sterile jars, adjust lids. Process in boiling water bath 10 minutes.

Green Tomato Muffins

5 cups flour
5 tsp. baking powder
2 tsp. baking soda
1 tsp. salt
3 tsp cinnamon
1 tsp. ginger
2 tsp. nutmeg
1 tsp. allspice
2 cups brown sugar
1/2 cup honey
2 cups chopped green tomatoes
1 cup vegetable oil
4 eggs
11/2 cups raisins
1/2 cup chopped nuts
2 tsp. grated orange peel

Sift together all dry ingredients. In a separate bowl, mix remaining ingredients. Add dry ingredients to liquid, mix. Beat well with wooden spoon. Grease 3 loaf tins and bake 45 minutes, or put into muffin tins and bake 20 to 25 minutes at 350°.

Chow Chow

Makes 8 pints

4 qt. green tomatoes, cubed
1 qt. sliced onions
1/3 cup salt
3 cups vinegar
3 cups sugar
1 1/2 tbsp. pickling spice

Sprinkle salt over cubed tomatoes and onions. Let stand for a few hours. Drain and discard liquid. Add vinegar and sugar to vegetables. Put spice in a cloth bag and add to mixture. Bring to a boil and cook for 15 minutes. Remove spice bag. Pour chow chow into hot, sterilized jars, close. Seal in hot water bath for 5 minutes.

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ELK POINT REVIEW

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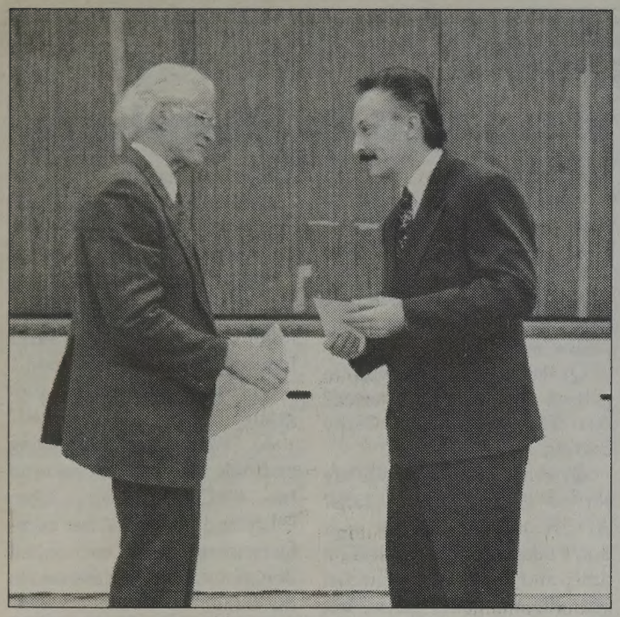
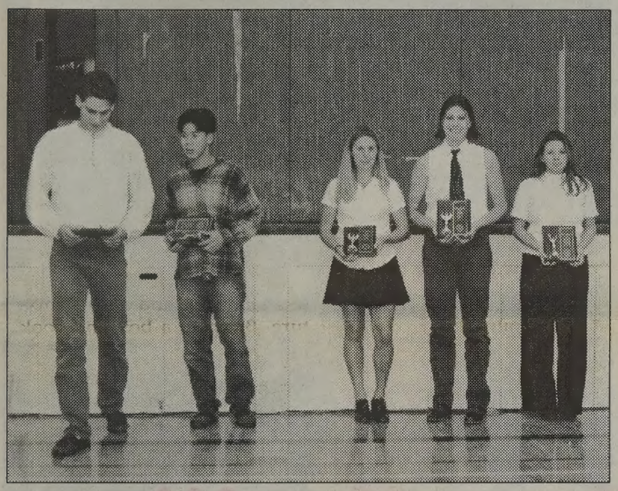
F. G. Miller High School Awards Winners

September 20, 1996

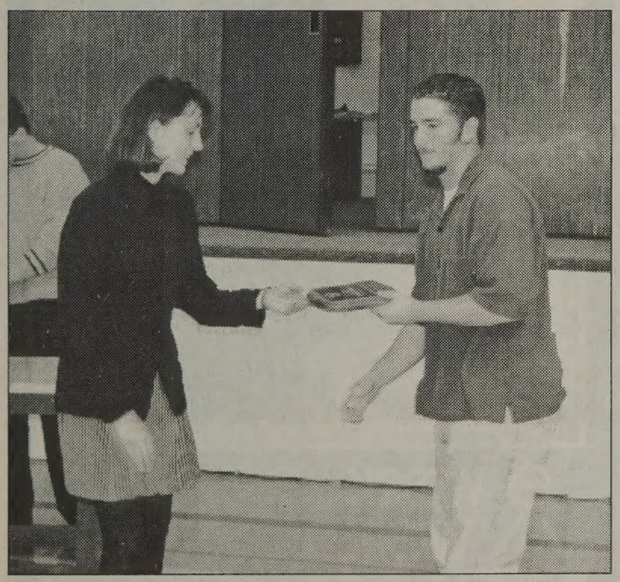
Photos by Rob Desjardins



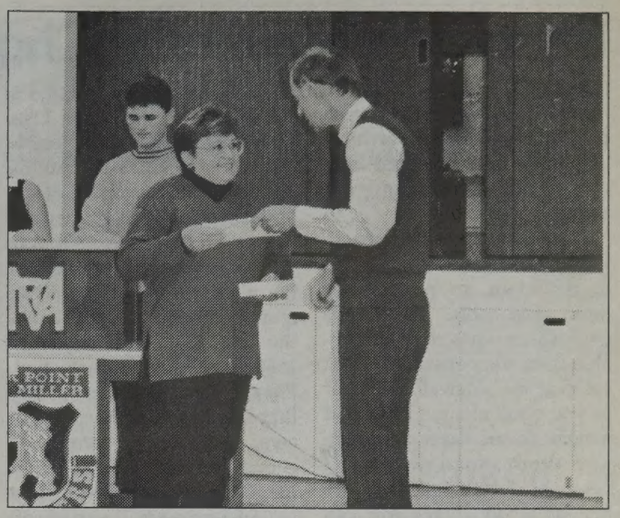
BEST ALL-AROUND STUDENT award, sponsored by Dr. K. C. Miller, went to Justin Conrad. The award, decided on the grounds of academic standing, sports involvement and general attitude, was presented by Dr. K.C. Miller to Justin's father, Don Conrad on his behalf.



GOOD SPORTS -- This year's Sportswoman of the Year awards went to Erica Nielsen, Junior High, and Robyn Danyluk, Senior High, while the Sportsman of the Year awards were presented toLen Hoac, Junior High, and Sheldon Ballas and Lee Kadutski, Senior High. Sponsors of the award are the Elk Point Elks Lodge.



SENIOR HIGH CITIZENSHIP AWARD WINNER Brett Speight was honored with the Dr. Jonathan Adams Citizenship Award for his involvement in the community. Stacey Adams presented the award.



ST. PAUL EDUCATION REGIONAL DIVISION #1 HIGH ACADEMIC STANDINGS AWARD of a $100 scholarship was presented to proud parent Darlene Sereda, for her daughter Christina, by FGM Principal Jim Hawkins.

JUNIOR HIGH CITIZENSHIP AWARD was presented to Michelle Hutton and Jennifer Kadutski.

THE ELMER BJORNSTAD AWARD, sponsored by Elk Point BPO Elks Lodge, was presented by Albert Boratynec to Mrs. Sereda for Christina. This is a two part award, with $500 being paid out for each of two semesters in the first year of post secondary education.

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Elk Point Community Choir Tour of '96

(Continued from Page 4)

us on a different piano for each performance, pianos which, like the acoustics, ranged from wonderful to ugh! and she always had a smile.

Thursday, August 8: a day in Blois. This is not so much a tourist town, so prices were more reasonable. The breads and delicious pastries are available from the patisseries, to be eaten at the sidewalk tables or as you stroll along. Coffee and soft drinks are the most expensive drinks, local wines and beer the least, and they are available anywhere. You can buy beer in McDonalds.

The city of Blois gave us a complimentary tour of the Chateau, another of the Loire chateaux, which is in the centre of the old town, and later, the Sound and Light Show, telling the history in light and color thrown on the walls, accompanied by sound and French narration.

Before that, though, our final concert was in the Cloitre de Saturnin, across the Loire River, as part of the Blois Summer Music Festival. The audience sat on folding chairs on the grass. We had trouble hearing each other but the sound carried well to the audience, who wanted an encore. A church choir director and his wife from Washington State were there because two of our ladies had spoken to them earlier and invited them.

Friday, August 9, on the road to Paris, but first a stop at Versailles, the largest and most sumptuous palace ever built, begun as a hunting lodge by Louis XIII in 1624, the home of royalty and the seat of government for about 200 years, enlarged and improved over the years to what we saw that day. It would take much more than a few hours to see all of it and absorb the history.

Hotel Ibis la Villette is on the northeast of Paris. A tour of Paris was planned after a supper stop, and then to the Eiffel Tower. We joined some of the 5000 tourists who daily visit the Tower, and ride the elevators to the top. The weather was clear and you could see for miles, once you elbowed your way through the crowd to the windows. By the time we were back on the ground it was dark and the lights were on, turning the steel girders to gold, just like the postcard pictures.]

The bus wound its way through the historic centre of Paris: Place de la Concorde, Place Vendome, Hotel des Invalides, all lit like the Tower.

Saturday was the last day to see the sights, first stop — the Louvre, home of world famous art, especially the Mona Lisa. The Tuilleries Gardens beside the Louvre lead to the Arc de Triomphe du Carrousel, at the opposite end of the Champs-Elysees from the Arc de Triomphe where we ate supper the night before. At noon we moved on the Opera House, the Palais Garnier, built in 1669, and just refurbished. Picture the "Phantom" story there... After wandering in awe, some of us were tired enough to pay 50 FF (about $11.50) for a large glass of beer or 26 FF for a small cup of coffee to sit for a while in the sidewalk Cafe de la Paix (opposite the Opera House). The interior was very elegant, green and gold, with a circular staircase to the most important room.

Last tour stop for the day was Notre Dame Cathedral, on the island in the Seine. This si the fourth church to occupy this location and it was begun about 1210. By now it was raining quite hard so the cathedral was very crowded. It was also very dark inside, which made it hard to study any part except the beautiful stained glass rose windows, 13 metres in diameter.

We dashed, dripping, into a restaurant and met the rude Parisian waiter we had heard about. He was very busy and overworked but that frisbee-style delivery of the dinner plates was hard to excuse. We were dripping all over the floor, enjoyed the good food, and added this experience to our list of adventures.

Sunday, August 11, home time! Farewell and thanks to Frank. We had brought a book in French to present to our French tour guide, which was appreciated and the cause of a good laugh, because Frank was from Australia!

It was raining at Charles de Gaulle Aerogare, northeast of Paris, but two hours later there was a clear view of a rocky, barren part of Scotland after passing Glasgow, with small villages along the roads past lakes. Then there were clouds and some turbulence.

About 3:45 (still on Europe time) there was rock and snow below us, the captain said it was Greenland. Later, the sea looked calm for way up there and we could see a few ships and icebergs, then, at 35,000 feet, barren land and we were home, over Labrador.

At 2:00 p.m. EDT, (8:00 p.m. in Paris) we landed in Toronto. Because of a long wait there, the travel agent had arranged a bus tour of Toronto: City Hall, the CN Tower, Casa Loma...

At 6:35 p.m. MDT — Edmonton International and Hendersons' bus for the ride home to Elk Point. John put on the Roger Whittaker song, "But you are beautiful, more beautiful than the spoken word can tell." Yes, it's good to be home, and Canada is the most beautiful.

...But our songs are not all sung. There are many more to be learned, practiced and shared with our own communities. Our bus rides will be to more familiar places where we will help make the history, and we have made new and stronger friendships between our members and friends on the tour.

This quick account is mine. Each person saw different things and saw things differently. If you have a day to spare, ask any of the 54 who shared this trip and I'm sure they will be glad to tell you all about it in detail.

Head start in Heinsburg

(Continued from Page 3)

advantage that we could, to help them learn."

Q) Who was the program started for?

A) "All K-6 students, but the food is available to all students who want it."

Q) Who was involved in getting the program started?

A) The librarian, Cathy Botting, and I."

Q) What kinds of foods are served to the kids?

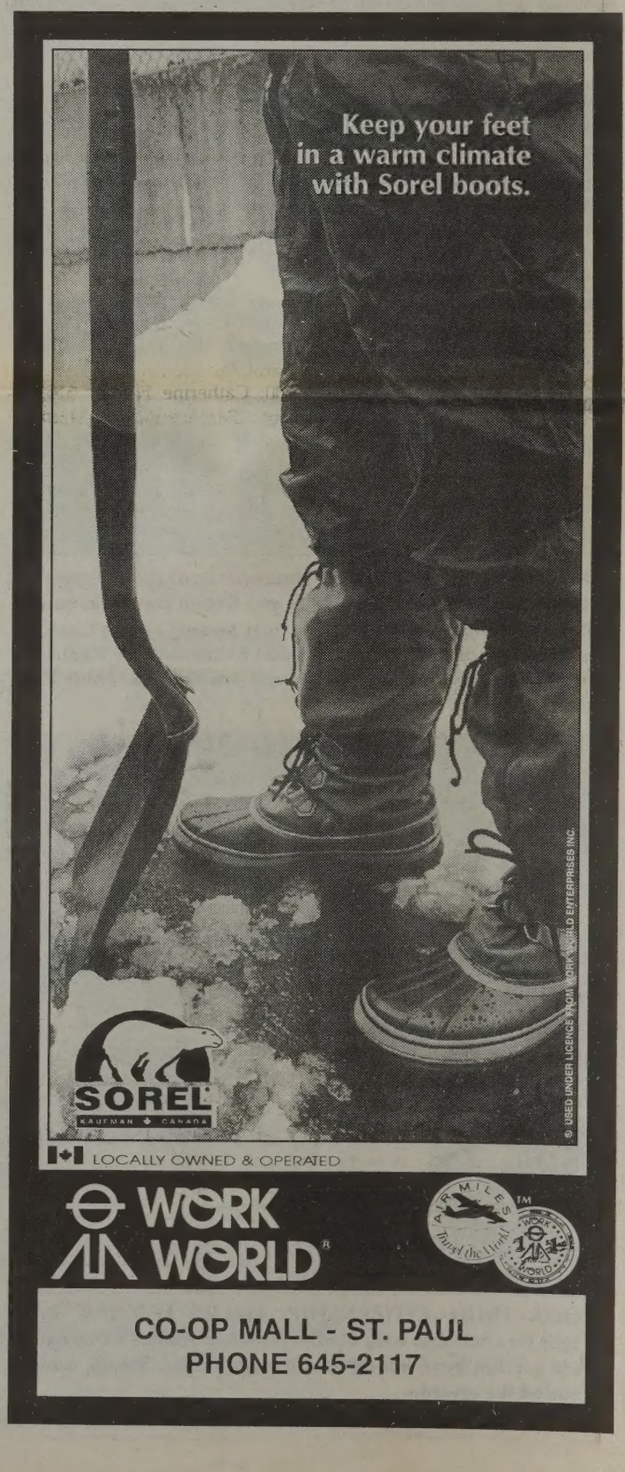
A) "Nutritious snacks that don't take a lot of preparation time, and that can be handed out after the buses get in, but before classes start."

Q) Who distributes the food?

A) "High school special project students (Melissa Krider and Trevor Durocher) help prepare. Staff members and community volunteers take turns handing out the food."

Q) How is the breakfast program funded?

A) "We have a fundraising craft sale in December, we send in UPC symbols from Dairyland products for reimbursement, and we solicit donations from businesses in the area."



What's news at the library?

Get on the reserve list for these Canadian authors

By Michele Duczek
Librarian

What do Margaret Atwood, Robertson Davies, Gail Brown, Timothy Findley, Alice Munro and L. R. Wright all have in common? (No, they're not all dead, only Davies is.) Aside from the fact that they are, (a) Canadian and (b) authors I have read (sometimes because I had to), they all have books coming out in the next while that the library has ordered. If any of these authors strike your fancy, you can put your name on our reserve list.

In addition to these Canadian writers, a lot of other popular authors have work coming out this fall and winter. Reserves are also being taken for the latest by Sue Grafton, Anne Perry, Stephen King, Barbara Taylor Bradford, Danielle Steel and a host of others.

For those of you who come to Storytime, or are thinking of coming, there will be **no storytime on October 11 and 18** due to the librarian's vacation (Hooray!) and a conference in St. Paul. There will be storytime on October 4 and our annual Halloween Party will be on October 25. (I promise no floating hand in the punch this year.)

Speaking of Halloween, anyone who comes into the library on October 31 in costume will receive a treat. I promise to wear a costume as well so you can come in and check it out.

You might want to check out these novel adult fiction titles as well:

Martin Vail's connection to psychotic murderer Aaron Stampler comes back to haunt him when the brutal murder of a young woman shows startling similarities to Stampler's crime even though Stampler is locked away in a mental institution in **Show of Evil** by William Diehl, a sequel to his bestselling Primal Fear.

Independence Day by Dean Devlin, Roland Emmerich and Stephen Molstad is a novel based on this summer's blockbuster movie about aliens whose ships begin destroying the earth's major cities. Read the movie.

When Dallas lawyer Stella Cataloni learns the ex-boyfriend she believes responsible for the arson death of her parents is back in Texas, she wears revenge. When the boyfriend is brutally murdered, Stella finds herself the leading suspect and must fight to prove her innocence and save her life in **Trial by Fire** by Nancy Taylor Rosenberg.

Melody Logan is taken to live with her father's family after he dies in a mining accident and learns some shocking secrets about her family in **Melody** by V.C. Andrews.

As his life falls apart Joel McCoy can't shake the feeling that somewhere in a parallel dimension he is living the life he is supposed to live in **If Wishes Were Horses** by W. P. Kinsella.

LIBRARY CALENDAR:

Fridays, 10:30 a.m. -- Storytime (Except Oct. 11, 18)

Monday, October 14, 1996 — Friends of the Library have an evening bingo in St. Paul.

Pioneer Circle bingo

September 16, 1996

Caroline Shankowski $8, Alma Twarog $8, Sophie Stamp $8, Leanne Drielich $8, Stanley Jendruck $30, Pat Huxley $30, Ruby Lawrence $30, Ann Stuaparyk $15, Mary Prusak $15, Margaret Clark $30, Lea Kuziw $30, Viola Yarmuch $15, Mary McGillvery $15, Arthur Fortin $30, Ruby Lawrence $30, Stanley Jendruck $30, Roseanna McCarthy $30, Viola Yarmuch $15, Helga Vaughan $15, Ann Jacula $15, Ruby Lawrence $15, Melvin McGinnis $30, Katie Charchun $23, Sophie Stamp $34, Mary Prusak $57, Anne Buck $50, Vern Benner $88, Art Fortin $30, Ann Sheplawy $30, Ann Sheplawy $30, Alice Drielich $30, Frank Moneta $30.

September 23, 1996

Mary McGillvery $10, Phyllis Young $10, Viola Yarmuch $10, Dina Leaf $60, James Moosepayo $30, Margaret Gladue $30, Lena Cap $15, Viola Yarmuch $15, Brian Yarmuch $30, Arlene Bochon $30, Stanley Jendruck $15, Cathie Fiddler $15, Gladys Calliou $15, Mary McGilvery $15, Arlene Bochon $15, Ed Bochon $15, Ed Bochon $30, Carol Aulotte $30, Angie Stamp $30, Catherine Fiddler $15, Joanne Parenteau $15, Margaret Gladue $20, Gladys Calliou $28, Vern Benner $24, Gwen Jimmy $24, Mary Bugera $660, Sharon Scanie $39, Sheldon Hawryluk $39, Tanya Orr $9, Louise Jenkins $9, Mary Fortin $9, Alma Twarog $27, Sheldon Hawryluk $27, Ed Bochon $27, Marci Belly $14, James Moosepayo $14.

Thank You

I would like to thank all my children for having such a wonderful birthday party and thank you to all who came to help celebrate it with us. Many thanks to Keith Stewart from Cold Lake for many good memories he brought back to me; Debbie, Matilda & Gwen for the songs they sang; Walter & Doreen for the songs they played for me. You know it is wonderful people like you who made a big success of the party. Thank you to all who attended, you made my day. God Bless each one of you.

Betty Radies

Community Newsline

UCW RUMMAGE STORE – will be open Fridays, October 4 and October 18.

***

Elk Point Mini-Market - Fridays 11 a.m. to 3 p.m. in Macleods store, Main Street. To book tables, call Lois at 724-3823 or Elsie at 724-3792.

***

"Mother to Mother" Breastfeeding Support Group - meets 4th Monday of every month, 10 a.m. Call 724-3332 for more info. Expectant mothers and older siblings welcome.

***

Elk Point Parent Nursery - Every Wednesday beginning Sept. 25. 10 a.m. to Noon, Elk Point Baptist Church Basement. Children under 6 and parents welcome. For more info, call Donna Arnold at 724-3373.

***

OORP Crafts and More -- Saturday, November 16, Elks Hall.

***

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

***

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

***

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

***

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724- 3800 for more information or drop by 4902 - 51 Street.

***

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Ave. We take newspapers, flyers, computer and bond paper. No cardboard boxes, milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

***

Elk Point Public Library - Mon. - CLOSED; Tues. and Thurs. 1 p.m. to 5:30 p.m.; Wed. 2 p.m. to 9 p.m.; Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri at 10:30 a.m.. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

***

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

***

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

***

Elk Point Oliettes regular meeting is the 1st Thursday of the month. For more information, call Fay at 724-2036.

***

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

***

Adoption Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m.. For more info call 724-3031.

***

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

Church Services

Elk Point Baptist Church
5705 - 49 St., Elk Point
Pastor Jim MacLellan - 724-4194
Family Worship Service
Sundays - 10:00 a.m.
Sunday School for
All Ages - 11:15 a.m.
Call Church answering service for current programs and times.

United Church of Canada Elk Point
Rev. Norm Hartley - 724-3616
Church Office Hours
Normally - Mornings Tuesday to Saturday
Worship Services
Sunday - 10:00 a.m. Church Service; 10:00 a.m. Sunday School

Elk Point Christian Community Church
Rev. Sam Donaldson - 724-2493.
Railway Avenue and 53 St..
Sunday Worship Service - 11:00 a.m.; Sunday School - 10:00 a.m.; Youth Group (Fri. Club - Gr. 4, 5 & 6) 2nd & 4th Fri. 7 p.m.; Office hours - Thurs. & Fri. 9 a.m. - 12 noon

Bible Fellowship Church Clandonald
Services held every Sunday at 11:00 a.m.

St. Michael's Catholic Church
Sunday Mass 12 p.m.

Bethel Lutheran Church of Lea Park
Sunday Worship Services, 10:00 a.m.

St. Vladmirs' Ukrainian Orthodox Church Elk Point
For service times, call 645-5156, St. Paul or 724-4351, Elk Point.

Ashmont & District Agricultural Society presents

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SUPPER, SHOW & DANCE

Saturday, November 23 - Ashmont Agriplex

Cocktails 5 pm; Supper 6 pm; Show 8:30-9:30 pm; Dance 9-1 am
$25.00/person. Seating is limited. Tickets available at:
Bailey's Western Wear & Tack Shop - St. Paul;
Stephen's General Store & Main Street Convenience, Ashmont;
board members or contact
Carol Bentley 726-2182; Anne Himschoot 726-3897

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LAST 3 DAYS
October 1, 2, 3
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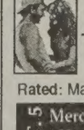
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Business Directory

LOUGHRAN CONSTRUCTION
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Kerry 724-2802

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2 AUTO

FOR SALE - 1991 Chev. Silverado. 1/2-ton, ext. cab, 350, auto., P.W., PDL, air conditioning, cruise, low km 72,000. Excellent condition. 645-6072. Oct8

FOR SALE - 1981 Datsun 200 SX Coupe, power windows, power mirrors, PS, 5-spd., good tires, body great running condition. Phone 645-6887 evenings. Oct8

1985 TRANS AM $5,500 OBO - Call for further information 724-2219. Oct8

FOR SALE - 1989 Pontiac Grand Prix, 2-dr. SE, fully loaded, 6 pack CD player. Must sell ASAP! Phone 645-2898 or 645-9755. Oct1

USED 1/2 ton - 1 ton truck parts: Chev, Dodge, Ford. Transmissions, differentials, engines, axles, electrical, tires, glass. Call South Edmonton Truck Parts 1-800-265-8219. Ship daily anywhere. 1-40

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2 AUTO

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THINKING OF SELLING your truck? Is your lease due? We buy vehicles for cash. Wanted clean, low/average mileage, '88 and newer trucks and sport utility 4 X 4's. 1-800-791-8120. 1-40

3 BABYSITTING

LOOKING FOR BABYSITTER IN MY HOME - Adult or student, for 2-1/2-year-old. Occasional weekdays, evenings or weekends. Phone 724-2118. Oct1

4 BUSINESS OPPORTUNITES

LOCAL, REGIONAL distributors. Part-time, full-time, not MLM. Household, farm and commercial customers for natural organic product line with 22 years of proven quality and sales. Territories with present customers available now. $2,000. minimum investment covered by inventory. Natural Aid Products Ltd., Stephen Jones, 1-800-661-8467 for product information. 1-40

LAKELAND MARKETPLACE COMBINATION CLASSIFIEDS

Your classified ad can be read in over 20,000 papers.
Select your classified readership for as little as $3.00 / week.

THE WINNING TEAM

YOU AND THE CLASSIFIEDS GET YOU WHERE YOU WANT TO GO

CLASSIFIED AD RATES

St. Paul Journal / Two Hills County Journal
Tuesdays - $4.00 per week + G.S.T.
Elk Point Review
Tuesdays - $3.00 per week + G.S.T.
Grand Centre Sun
Tuesdays - $3.00 per week + G.S.T.
Bonnyville Nouvelle
Tuesdays - $3.00 per week + G.S.T.

Combination of all papers - $12.00 / Week

(20 cents per word per newspaper insert over 25 words)

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. ***The publisher will not be responsible for errors in classified ads that have been phoned.***

Place your order at either of our offices:
St. Paul Journal - 645-3342
Elk Point Review - 724-4087

4 BUSINESS OPPORTUNITES

GOVERNMENT FUNDS. Government assistance programs information available for your new or existing business. Take advantage of the government grants and loans. Call 1-800-505-8866. 5-40

ELIMINATE YOUR LONG DISTANCE PHONE BILLS - And earn cash. Phone after 4:00 p.m., Elaine 635-4113. Oct1

NEED EXTRA INCOME? - Stuffing envelopes. Rush S.A.S.E. to MLT & Associates, 5406-38A Ave., Edmonton, AB., T6L 2H4. Oct1

NORTHEAST ALBERTA community requires businesses to establish in the community to provide services for agriculture, oil, gas and general clientele. Potential businesses: Auto body, veterinarian, full-time lawyer, jewellery and watch repair. For more information, phone 403-657-3395, fax 403-657-2158 or write to: Two Hills EDC, Box 630, Two Hills, AB, T0B 4K0. 2-41

$ NEED MONEY $ call 403-484-5379. Quick approvals anywhere in western Canada. Property purchases and equity takeout loans. Flexible terms. Poor credit ok. Provincial Equity Funding Corp. 1-40

BUSINESS for sale in beautiful Maple Ridge, BC. Gas station and repair garage. Low cost business. Growing community. Owner selling due to ill health. Call 604-462-0496. 1-40

BULK FOOD STORE in High River. A business that anyone can run. Profitable with steadily increasing volume. Call Ralph Nixon, Royal LePage Real Estate, 403-652-4222. 1-40

TRAVEL PROFESSIONALS International. Become part of Canada's fastest growing travel agency franchise. Operate your business full-time, part-time, from your home, office or storefront. Investment $12,500. Call 1-800-757-8580 CST. 1-40

GARLAND PIZZA OVEN. Fits six 14" pizzas. Complete with 10", 12", 14" pans and all accessories. Chimney pipe, gas pipe included. $5,000. O.B.O. 403-224-2660 days. 403-227-2918 evenings. 1-40

FREE REPORT - Earn $500. per sale. Not MLM. 100% guaranteed. No monthly requirement. We do all selling. 403-988-3086 (24hrs.) 1-40

EXCEED A Doctor's salary working from home. Major international financial breakthrough. More powerful than any MLM, franchise or sales method! $1,750. investment, no risk! 10 day refund policy. 1-800-838-7369 24hrs. 1-40

AVERAGE PEOPLE are making cash profits of over $2,500. weekly from home! If victimized by the economy, get into this booming business and make $10,000. in the next 30 days. This private financial enterprise with the unique rollover program is not an MLM. Call now for taped info and prospectus: You won't regret it! Vancouver 604-351-6458, 1-800-700-0852. 1-40

EXCELLENT BUSINESS Opportunity. Gourmet Frozen Food Store for sale in Medicine Hat. One only. Priced for immediate sale. Call 403-527-1505. 1-40

THRIVING SPORTING GOODS business in Ponoka, AB. Excellent downtown location, in business for 22 1/2 years. Anxious to sell. Contact 403-783-4616 or 403-783-2230 for further details. 1-40

6 EMPLOYMENT OPPORTUNITES

REQUIRED - 3RD YEAR APPRENTICE; 4TH YEAR OR JOURNEYMAN MECHANIC - Send resume to: Wilter Auto, Box 809, Elk Point, AB., T0A 1A0 or phone Doug 724-4090 days or after 6:00 p.m. 724-2543. Oct15

6 EMPLOYMENT OPPORTUNITES

BE A SUCCESSFUL WRITER....write for money and pleasure with our unique home-study course. You get individual tuition from professional writers on all aspects of writing - romances, short stories, radio and TV scripts, articles and children's stories. Send today for our Free Book. Toll free 1-800-267-1829; fax 1-613-749-9551. The Writing School, Suite #2608, 38 McArthur Ave., Ottawa, ON, K1L 6R2. 4-40

INTERNATIONAL SCHOOL of Auctioneering, Canada's oldest established auction school. Learn to be professional auctioneer from some of the best in the business. Join us! Olds College Campus. Next class Oct. 14/96. 1-800-465-7578. Free brochure. 4-40

DENTAL PROFESSION - REWARDING employment opportunities for the self motivated person. Call Columbia College at 403-235-9313 Calgary, for information on our Dental Assistant and Dental Administration programs. 1-40

NURSING ATTENDANT TRAINING for nursing homes/hospitals/community. Employment opportunities exploding as Alberta's Health Care changes. 14 weeks including practicum. Starts November 12, 1996. Call Columbia College's Personal Care Aide Program today. 403-235-9307 Calgary. 1-40

DISCOVER MONEY saving techniques. U & R Tax Schools has been helping students save money with income tax preparation courses since 1975. Study at home in your spare time. For free brochure, call 1-800-665-5144, U & R Tax Schools. 1-40

GM SERVICE MANAGER required immediately, $40,000.+ per year. Large dealership, 12 techs. Super southern Alberta weather. Population 50,000. Contact: Paul Murray, Murray Chev Geo Cadillac Sales, Box 939, Medicine Hat, T1A 7G8. 403-527-1141. 2-41

TOWN FOREMAN required. Must have Grade 12, valid vehicle license, competent on heavy equipment, Level I Water and Wastewater Certificate desirable. Benefit package. Resumes to: Town of Killam, P.O. Box 189, Killam, AB, T0B 2L0. 2-41

REGISTERED NURSES! Develop expertise in caring for the critically ill. Study advanced Critical Care Nursing (ACCN) or Emergency Nursing through distance education. Contact ACCN Program, Mount Royal College, 4825 Richard Road S.W., Calgary, T3E 6K6, 403-240-6755 or 1-800-240-6891. http://www.mtroyal.ab.ca 1-40

REGISTERED NURSES! Neonatal patients need your care. Study Neonatal Intensive Care Nursing (NICN) through distance education. Contact NICN Program, Mount Royal College, 4825 Richard Road S.W., Calgary, T3E 6K6, 240-6755 or 1-800-240-6891. http://www.mtroyal.ab.ca 1-40

REQUIRED IMMEDIATELY, picker operators, bed truck, and winch tractor operators. Also H.D. mechanic. Send resume to: Box R c/o Bonnyville Nouvelle, Box 8174, Bonnyville, AB, T9N 2J5. 4-41

HEAVY DUTY MECHANIC required. Valid heavy duty mechanic's licence, experience with broad range of heavy trucks and construction equipment. Ideal candidate will work in team environment. Excellent company benefit package. Salary will commensurate with qualifications and experience. Forward resume: Mike Baksa, Lakeside Farm Industries Ltd., Box 800, Brooks, AB, T1R 1B7. 403-362-3326. Fax 403-362-8231. 1-40

6 EMPLOYMENT OPPORTUNITES

RETAIL FERTILIZER and ag. chemical sales outlet requires Plant Managers who will be responsible for all aspects of retail sales of fertilizers, ag. chemicals and a comprehensive custom application program. The successful candidates should have experience in bulk fertilizer plant operation, have excellent marketing skills, must be self motivated, willing to work extra hours as needed and able to relocate. An agricultural degree or equivalent is preferred. We offer a good starting wage, performance bonus and a benefits package. Please reply in strictest confidence by Oct. 31, 1996, stating experience and wages expected to: Box 29, c/o AWNA, #360, 4445 Calgary Trail S, Edmonton, AB, T6H 5R7. 2-40

STUDY GERONTOLOGY without leaving home. If you have a post-secondary diploma or degree in health studies and wish to develop skills in working with older adults, contact Gerontology Program, Mount Royal College, 4825 Richard Road S.W., Calgary, T3E 6K6, 403-240-6053 or 1-800-240-6891. http://www.mtroyal.ab.ca 1-40

LOOKING FOR ALBERTA and NWT 17 - 20 year olds for a learning and skill development opportunity in an international youth exchange. Build an exceptional resume by gaining skills through working with a team in education, small business, communications, agriculture, etc. Canada World Youth is a non-profit organization that has operated exchanges for 25 years. Programs begin summer 1997. Travel, living expenses covered. Application deadline Nov. 8/96. Contact: Canada World Youth, #205, 10816A - 82 Ave., Edmonton, AB, T6E 2B3. 403-432-1877. E-mail: cwypra@planet.eon.net. 1-40

L.E. MATCHETT Trucking Company Ltd. Saskatoon, SK needs seasonal and full-time truck drivers to haul anhydrous ammonia for the fall season September 15 - October 31. Must have Class 1 license, good driving record and at least one year driving experience. Call Arnold 306-242-5899 between 8am - 5pm Monday - Friday. 1-40

MECHANIC REQUIRED. GM experience an asset. Please submit resume to: Paul Knott, Service Manager, Doug Marshall Chev Olds Cadillac, 403-532-9333. 11044 - 100 St., Grande Prairie, AB, T8V 2N1. 1-40

STETTLER MOTORS requires 3rd or 4th year apprentice and/or G.M. technician. Send resume to: Box 1508, Stettler, AB, T0C 2L0 or apply in person to Stewart, phone 403-742-3407. 1-40

JOURNEYMAN MECHANIC WANTED. Great location, great wages, excellent opportunity. Contact Jim or Garth, Westcastle GM, Pincher Creek, AB, phone 403-627-3223. 1-40

PART-TIME/occasional merchandising rep's to ensure that products are well displayed in local stores. $20./visit. Transportation and access to fax required. Fax resume to 416-484-8001. 1-40

THE PAMPERED CHEF, Alberta's newest home party plan, offers a unique line of kitchen utensils. Be one of the first! Consultants needed. Cathy Johnson: 403-251-4373. 1-40

REPORTING EDITOR required by St. Paul Journal. (Weekly circulation: 5500). Post secondary training, editorial experience required. Submit resume: The Publisher, Box 159, St. Paul, AB, T0A 3A0. Fax 403-645-2346. 1-40

■ Lakeland Marketplace ■ Lakeland Marketplace ■ Lakeland Marketplace ■ Lakeland Marketplace

6 EMPLOYMENT OPPORTUNITIES

AN ENERGETIC and outgoing individual is required to fill the position of Service Consultant at a busy GM dealership. Professional disposition, excellent interpersonal skills and prior experience dealing with the public are a requirement. Automotive knowledge, interest an asset. Contact Neil at 1-800-858-2049 for more information. 1-40

HORNE & PITFIELD, a major Western Canadian food distributor is currently seeking Meat Managers, Meat Cutters and Bakers for rural Northern Alberta IGA locations. Experience is required, however further training will be provided. Please mail your resume to: District Manager, Horne & Pitfield, P.O. Box 2266, Edmonton, AB, T5J 2P6. Only those considered will be contacted. 1-40

JOURNEYMAN TECHNICIAN required for progressive JD dealership. Will consider 3-4 year apprentice. JD experience preferred. A/C experience an asset. Send resume and wage expectation to: Box 570, Mayerthorpe, AB, T0E 1N0. Fax: 403-786-2738. 1-40

H.D. AG MECHANIC full-time position at north central agricultural dealership. Excellent benefits. Please send resume to: Box 4690, Barrhead, AB, T7N 1A5. 1-40

HOFAM CATERING is accepting applications for journeyman cooks, bakers, cook helpers and camp attendants with 3-5 years food services experience. Please fax a resume to 403-462-6784 or mail to: Hofam Catering Personnel, 3050 Parsons Rd., Edmonton, AB, T6N 1B1. 1-40

ENGRAVER TO run Trophy and Engraving business. Profit sharing available. Fax resume to: Tidey Lock and Key 604-925-4414. 1-40

7 ENTERTAINMENT & EVENTS

TOY SHOW and Sale, Sat., Oct. 5, 10 a.m. - 4 p.m., Mayfield Inn, 16615 - 109 Ave., Edmonton. Collectible toys of all kinds (die-cast action figures, dolls, miniatures, Fisher Price and more. Phone 403-987-2071. 1-40

INSTANT RANCHER RAFFLE - 1st prize 50 bred heifers. Tickets $50. Visa/MC/cheque payable to: E.I. AG Society, Brooks, AB, T1R 1B9. Draw December 31/96. #R129112. 403-362-2269, 403-362-2279. 1-40

8 FEED & SEED

HAY FOR SALE - Round bales, $25, mixed hay. Phone 645-4293 after 5:00 p.m. Oct15

ROUND HAY BALES for sale cheap. Free delivery, self unloading. No Sunday calls. 403-843-6380. 1-40

9 FOR RENT

FOR RENT - Truck stalls, located in Cordean Shop, Lindbergh area. Please phone 403-875-7059 after 6:00 p.m. Oct15

FOR RENT - 3 bedroom mobile home on acreage, 14 miles from St. Paul, near Lafond, $350/month, $350 d.d. Phone 645-6929. Oct1

YOUNG FAMILY LOOKING TO RENT - 2 or 3 bedroom house or mobile on acreage between St. Paul and Elk Point or around Elk Point area. Call Gayle at 1-426-3292. Oct1

2 & 3 BEDROOM MOBILE HOMES - Starting at $150 per mo.; free lot rental at Sun Country Village (between St. Paul and Elk Point); mobile homes (new and used). Rent * Sell * Consign * Buy * Trade * Rental Purchase. Sun Country Homes, 645-2590. Oct1

1, 2 & 3 BEDROOM APARTMENTS - in Elk Point. Furnished or unfurnished. S.S. Management. Contact 724-4138 or Steve or Mary Ann 826-2250 for more information. Residential Caretakers needed. xxx

9 FOR RENT

LOVELY WELL KEPT farm home overlooking Derwent Village. $300. Carl 466-5263. xxx

3 BEDROOM HOUSE in Central Elk Point, includes utilities, $500.00. Phone 1-435-1481. xxx

10 FOR SALE

FOR SALE - Mechanic's tools and box, majority Snap-On Tools. For further information phone Doug at 724-4090 days or after 6:00 p.m. 724-2543. Oct15

FOR SALE - Lumber 2x6's, 2x8's, 2x10's. Random lengths. Stamped and graded. Call 645-6955. Oct1

EDMONTON'S LARGEST selection of manufactured housing. Show homes and plans. 3 manufactures to choose from at one location. 3 bedroom starting $32,471. Pleasant Homes, 403-962-0238. 10-49

JANDEL HOMES - Alberta's exclusive Briarwood dealership. Deluxe 16 x 80 loaded with features. Special volume pricing. Save $10,000. Sale price $46,900., delivery/ blocking, 5% down. 1-800-463-0084, 403-478-1404. 3-42

SEPTEMBER CLEARANCE - 16 X 80, 3 bedroom, 2 bath, $44,995. + GST. 16 X 72, $39,995. + GST. Modulars starting under $45. per square foot. Legend Homes, Calgary, 403-259-5836. 3-40

ONE ONLY! New 16 ft. wide reduced to $34,995. Includes delivery 100 miles of Calgary. Call now: 403-235-5850. M & K Home Sales, Calgary. 2-40

CENTRAL ALBERTA Custom Homes want you business. We offer quality homes, affordable prices. 16 X 72 starting at $39,900. Delivery 100 miles. Central Alberta Custom Homes, Red Deer 1-800-347-5590. 1-40

$46,900. F.O.B. factory direct pricing. New 1996, 16 X 80 includes 3 bedrooms, 2 baths, vinyl siding, cathedral ceilings, wrap around china cabinet, corner garden tub, skylight, appliances and more. Free credit approval. Ridgewood Homes, Red Deer 1-800-797-5714; Calgary 1-800-797-5717. 1-40

1990 TRIPLE E 16 X 80, large country kitchen with island, 5 appliances, cathedral ceiling, jacuzzi. 14 X 16 finished addition, 16 X 22 deck, cistern, septic tank with pump. Non-smokers, no pets. Must be moved. $59,900. Phone 403-796-2398, 403-796-3384. 1-40

CELEBRATE with Ridgewood Homes. Factory direct, 1200 sq. ft. Anniversary Home, fully loaded, 5% down, $46,900. You'll never see this price again. Call 403-470-5660 now! 1-40

NOBLE HOMES will custom manufacture your new home. Buying direct will save thousands! We can beat their price - they can't beat our quality. Call 1-800-621-1589. 1-40

1975 14 x 68 BRENTWOOD: $13,995. Includes fridge, stove, dishwasher, new hot water heater, new carpet. Located in Whitecourt area. Call Wayne: United Homes 1-800-689-6953. 1-40

ALL STEEL BUILDING Sale: Factory Direct, no salesmen. Many sizes and styles. Example: 30 x 40 now $5,998. 35 x 50 now $9,488. 40 x 60 now $11,444. Pioneer Steel 1-800-668-5422. 2-42

DESIGNER FITTED furniture slip covers and high quality bedroom ensembles catalogue. Send S.A.S.E. to: Hildebrandt Linen Mail Order, 509 Shelly St., Winnipeg, MB, R3K 1G1, #2176.

FARM AND business specials. VHF - UHF, 2-way radios and portables - add ons to existing systems - aurora and XJ phones. Western Midland Communications. 1-800-289-6918, 403-250-9433, Calgary. 2-40

10 FOR SALE

GREENWARE, firing classes, seminars, molds, clay. Ruby Jean Ceramics Ltd., gare colour-brushes, mold distributor. 13204 - 146 St., Edmonton, AB, T5L 4W8. Phone/Fax 403-447-2118. 1-40

60 'X 90' X 14' FARM SHOP, straight wall, galvalume cladding, $19,975. Coloured cladding, doors, windows, labour and freight extra. Mastercraft Building Systems Ltd. 1-800-822-1836, Calgary 403-269-4117. 1-40

METALCLAD SHOPS / warehouses / arenas. Will build anywhere, straight wall construction, lowest prices, prompt service. Engineering and design available. Apex Building Systems, Calgary, 403-280-2739; 1-800-679-APEX (2739). 1-40

PUZZLE LOVERS: Enjoy the world's greatest puzzles. Send for free mini catalogue of current favourites. Games People Play Inc., RR#2, Crossfield, AB, T0M 0S0. 2-40

STEEL BUILDINGS. Must sell two repossessed quonset style buildings. 30 X 46 and 40 x 58. Will sell for balance owed. Brand new - never erected. Toll free 1-888-563-6218. 1-40

13 LIVESTOCK

HAVE COWS TO PUT OUT ON SHARES - Within 100-mile radius of St. Paul. Phone 645-6929. Oct8

FULLBLOOD LIMOUSIN BULLS - Easy calving. 2-year-olds and 1-year-old, also 16' hitch horse trailer, 2 years old, like new, spare, mats. 645-6933. xxx

ALPACAS - Free report reveals how farmers, investors and acreage owners are making hundreds of thousands of dollars raising alpacas. 24 hour recorded message 403-440-4697. Leave mailing details. 4-41

SCHNEIDER'S Black and Red Angus Female Sale, Sat., Oct. 12, 1996 at 1 p.m. at the farm, 4 1/4 miles south of Bruderheim. For information or catalogues phone Howard 403-998-3807 or Doug 403-998-0057. 2-41

14 LOST

REWARD OFFERED! - For 12" yellow children's bicycle left at corner of 54 St. Railway Avenue during Terry Fox Run. 724-2419 evenings. Oct1

15 MACHINERY

SKIDDERS: Timberjack 404, used for snow removal. Very good condition. Good tires, chains. Also 1986 Timberjack 230A, excellent condition. 4600 original hours. Phone 403-553-2281. 1-40

16 MISCELLANEOUS

OLYMPIC BUILDING SYSTEMS your fully engineered approved agricultural commercial building supplier. Buildings custom designed to your needs and area conditions. For information package call 1-800-426-0459. 1-40

$NEED MONEY$ call 403-452-5858. Immediate approval. Debt consolidation, farm, acreage, city, home and mobile purchase. Interim financing. Consolidated Mortgages Ltd. 1-40

17 NOTICES / LEGAL

INVITATION FOR TENDER: Jo-Ann Trucking Ltd. expanding Swift Current operations. Accepting bids on following trades, services in contruction of their new complex: asphalt paving, concrete walks, landleveling, graveling, Geo-technical Surveying, land and pile location surveys, Piling Contractor, foundation, in-floor heating system, plumbing, wash bay, sewage, septic, heating, air conditioning, ventilation, electrical, lighting (exterior & interior), structural, metal clad rigid frame structure 90' clearspan x 175', overhead and man doors, windows, skylights, finishing carpentry, painting, flooring, chain link fence for 20 acres. Request bid information package 306-773-1660. 2-41

18 PERSONAL

FOR THE ULTIMATE RELAXING BODY MASSAGE - Helps get rid of stress and very relaxing. 645-2017. Oct1

PSYCHIC MASTERS! Genuine Canadian psychics. Past, present, future revealed. Romance, wealth, career, lucky numbers. Live and personal, 1-900-451-3778. $2.99/minute, 18+, 24 hours. I.C.C. 4-42

20/20 WITHOUT GLASSES! Safe, rapid, non-surgical, permanent restoration in 6 - 8 weeks. Airline pilot developed, doctor approved. Free information by mail: 406-961-5570, ext. 250; Fax 406-961-5577. http://www.visionfreedom.com Satisfaction guaranteed. 2-41

CANADA'S MOST GIFTED psychics have answers to your problems or questions about health, love, relationships, money, lucky numbers. $3.49/minute. 18+. 24 hours. 1-900-451-4336. 1-40

LONELY, consider a match making service for companionship, marriage or outings. We offer and expect integrity, openness and honesty. Call Meet Your Match, 403-934-6907, 332-2547. 1-40

COUNTRY INTRODUCTIONS - Meet people who share your interests and values. Personal introductions for rural Albertans. From farmers to lawyers, 18-80 years. 403-662-3363, Box 64, Tofield, AB, T0B 4J0. 1-40

PEOPLE FINDERS, Adopted, lost friend, missing family, planning school or club reunion? Easy - confidential - Canada wide. It's worth the try. $3.98/min. 18+. Call now. 1-900-451-4167. http://www.jumppoint.com/peoplefinders/ 1-40

PEN-PAL PUBLICATION. Interested in making new friends by mail? For free information, send legal size S.A.S.E. to P.F.C.C., R.R. #1, Mission Site C-12, Sechelt, B.C., V0N 3A0. 1-40

HEAVENLY PSYCHIC Answers. Spiritual consultation, Relationship, Career, Life. Only $2.99/minute 18+. 1-900-451-3783. 1-40

PSYCHIC ANSWERS!!! Police use us. Rated #1 in Canada ... Solve all problems. Instant answers ... relationships ... career ... money ... lucky #'s ... Evanly-Rays. $2.99/min. 18+, 24 hrs. **1-900-451-**

20 REAL ESTATE

1974 - 14X54 - 2-BEDROOM MOBILE HOME - 2 additions, small shop on 2 fenced and beautifully landscaped lots. Apple / pine trees / flowers. Moving, must sell. 726-4037. Oct1

GORGEOUS 6.9 ACRES - Well treed, 2670 sq. ft. house, huge 3 bedrooms, free standing fireplace, ash cupboards, 2-1/2 baths, 2-car garage, steel shed, greenhouse, rootcellar, plus extras. Must be seen. Call 645-3128. Oct8

SPACIOUS RANCH LIVING bordered by flowing creek, ample water supply. 640 acres established ranch in the beautiful Valleyview area, 20 minutes from all services. For a limited time all equipment and cattle available for purchase. A must see, for more information call 1-403-524-4348. 2-40

CROWSNEST MOUNTAIN condominiums. Retirement, recreational, investment. Full ownership, not time share. One and two bedrooms from $24,900. Newly renovated, including new appliances. Full service community, shopping, recreation, hospital, R.C.M.P., etc. Two hours from Calgary in Alberta Rockies. 403-562-2868 2-40

TIRED OF BARS and personal ads. Isn't it time you met someone spectacular. Camelot Introductions, Box 21022 RPO, Winnipeg, R3R 3R2. 204-888-1529. Serving Alberta, Saskatchewan, Manitoba. 1-40

20 REAL ESTATE

LAND FOR SALE. 5 miles west of Mayerthorpe S.E. 1/4sec. 28-57-9-W5. 158 acres. Good well; power (underground); corral system (all in grass); 1 dugout centrally located. New shop 32'x48'x16' with 15x20 insulated door; (floor heated) boiler. 14x72 mobile home with porch. Good drained land; excellent view. Priced right at $140,000. Phone 403-786-4427 Greg. 1-40

TRUCKERS CONSIDER THIS!

6.82 acres of land, 8400 sq. ft. bldg., completely serviced, heated & insulated, 1600 sq. ft. bldg., easy access.

Ideally located near the Elk Point oilfields. $15,000.00 yearly income w/potential for more. Serviced area for year-round living accommodations. **Contact Gordon Marchand at Remax of Lloydminster, 306-825-4900 for more info.** Price $119,500.00.,

21 RECREATIONAL

1986 HONDA 350 FOURTRAX 4X4 - Warn winch available, good condition. Call 853-2200. Oct1

TOP DOLLAR PAID for 1980 or newer RVs. We will pay you immediately for late model, good condition, clean RVs. Woody's RV World, Calgary. 1-800-531-4695, 403-240-1212. 1-40

VOLUME PURCHASE '96 Golden Falcon Tour Edition. 26' 5th wheel with slideout. Fully loaded. Regularly $34,900. now only $27,900. Woody's RV World, Red Deer 403-346-1130. 1-800-267-8253. 1-40

22 SERVICES

CUSTOM BALE HAULING - Self-unloading - 30-bale capacity (formerly Baileys). Call Jim at 645-6995 or 645-0147 (cell.), St. Paul. Oct15

UNDERGROUND STORAGE TANK removal, soil sampling, regulatory reporting, environmental assessments, remediation, site reclamation. Call us at ARC Inc., 403-543-1940; fax 403-543-1944. E-mail: arcinc@agt.net. 4-41

CRIMINAL RECORD? Canadian pardon seals record. United States waiver allows legal entry without risk of arrest, deportation or property seizure. For a free consultation 1-403-228-1300. 1-40

24 TRAVEL

5 STAR travel membership. Save 65% on hotel, cruises, airfare and vacations. Act before Oct. 18 and receive a free vacation package. Call now for free information, 403-269-3209. 1-40

COSTA RICA CABINS for rent. Fully furnished, large swimming pool. $145. (U.S.) weekly. Also special long term rates. Phone 403-282-2602. 1-40

25 WANTED

WANTED - Fur coat for recycling. Phone 724-3633. Oct9

WANTED TO BUY: Extra cab or crew cab, diesel. 1-604-371-2129. 9-48

SMALL LOGGING company looking for private land. Timber, spruce, lodgepole pine log to suit. Small equipment used. Hand fellen/hand limbed. References 403-435-0287. 2-41

Employment Opportunity

LAUNDRY LADY & CHAMBERMAID REQUIRED

Apply in person at

FORT GEORGE MOTEL

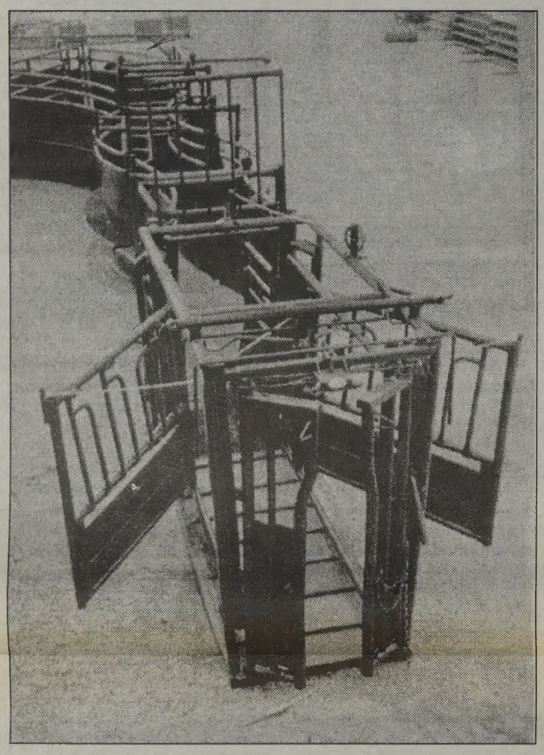
Classified Advertising Deadline: Thursdays 4:00 p.m.

LIVE HI-HOG DEMO

Friday, October 4/96

Starting 12:00 Noon

CO-OP CO-OP



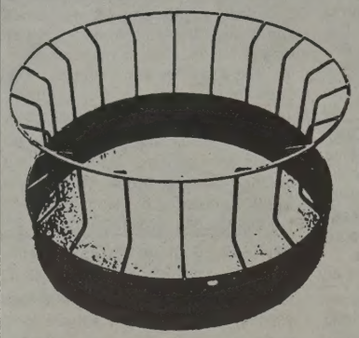
STANDARD ALLEY SYSTEM AND TUB & SQUEEZE

Starting at

$4,999.00

FRIDAY ONLY

DESIGNED TO MINIMIZE FEED WASTE



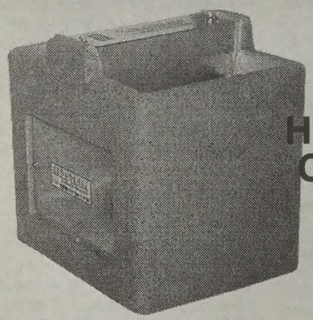
SAVE $50.00

$279.00

FRIDAY ONLY

CYCLONE - COW/CALF FEEDER

1"x1", 100 wall square tubing. 18 feeding positions. Weight 290 lbs. 20" high, 16 gauge sheet metal skirt. Three sections bolt together. Economically priced. efficient feeder. Bale centers when dropped into feeder.



Hedstrom Concrete Heated Cattle Waterer

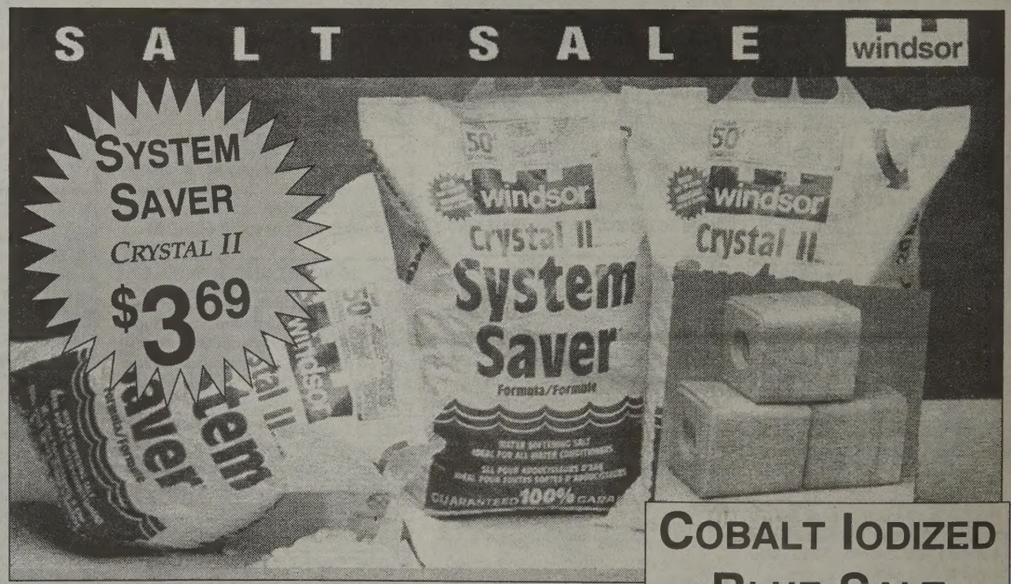
"Made for life" of high-strength, steel-reinforced precast concrete. Insulated with polystyrene.
30" x 24" x 25" high.
9 gallon capacity.
914 333

$649.00 each

Other sizes also on sale.

Supplier Reps on site Friday for all your questions

SALT SALE windsor



COBALT IODIZED BLUE SALT

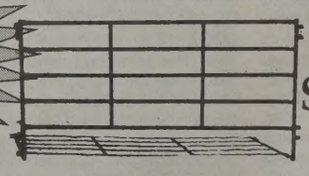
$3.39 - 20 kg Block

$3.95 - 25 kg Bag

HARMONIE DOG FOOD 8 kg

2 FOR $7.49

FRIDAY ONLY



10' HANDY PANEL

$69.00 - 5 Bar **$77.00** - 6 Bar

FRIDAY ONLY

CO-OP HOME & AGRO CENTRE

PLUS MANY MORE INSTORE SPECIALS

PHONE 645-3351